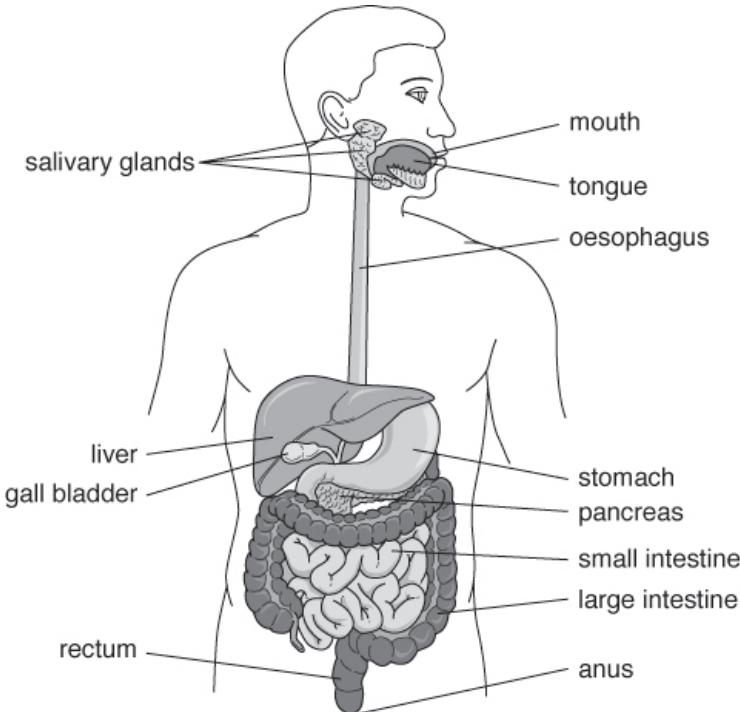


Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

- 1 The drawing is from an advanced level textbook. The diagram shows the organs that help with digestion in the body.



- (a) Give **one** reason why the body needs to digest food.

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(1)

- (b) Describe how food is pushed through the oesophagus.

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(2)

(Total for Question 1 = 3 marks)

- 2 Look at the nutritional information on the food label below.

BLOGGS SUPERFLAKES		
	Amount per 100g	Amount per 30g serving
	1300kJ	390kJ
Carbohydrate	66g	20g
Protein	5g	1.5 g
Fat	5g	1.5 g
Fibre	6g	1.8g
Calcium	30mg	9mg

(a) What is measured in kJ? Tick **one** box.

A mass

B weight

C energy

D force

(1)

(b) Superflakes are not a good source of protein. Name **one** food that is an excellent source of protein.

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(1)

(c) Describe **two** ways our body can use protein.

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(1)

(d) Give a reason why fibre is good for the body.

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(1)

(e) If you add up the masses of the food substances in 100g, there seems to be nearly 18g missing. What substance might this 18g be? Tick **one** box.

A sugar

B starch

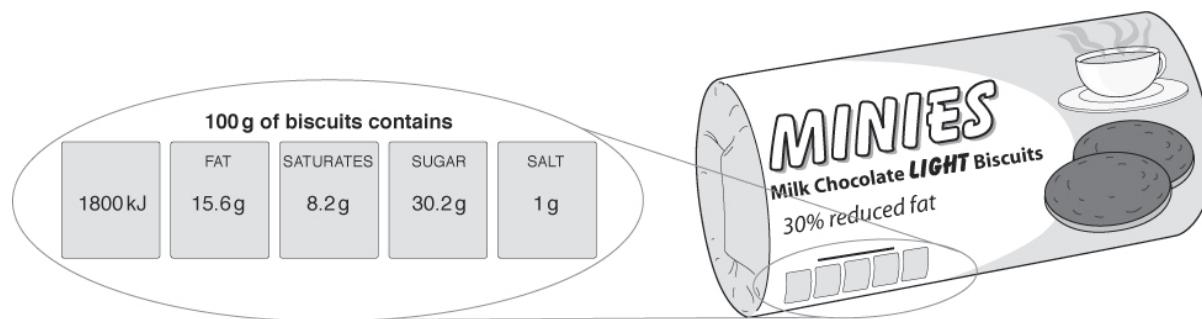
C vitamin C

D water

(1)

**(Total for Question 2 = 5 marks)**

- 3 Peter works for a building company. He likes to eat Minies Milk Chocolate Light Biscuits at work.



When Peter first started work as a builder he did a lot of lifting and carrying. Now he is a manager and sits at a desk for most of the day. When he first started work, over 20 years ago, he was slim. Now he has a big belly.

- (a) Give **two** reasons why Peter now has a big belly.

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(2)

- (b) Explain why Peter may gain more weight if he keeps eating a lot of sugary foods.

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(1)

- (c) Suggest **one** reason why Peter should lose some weight.

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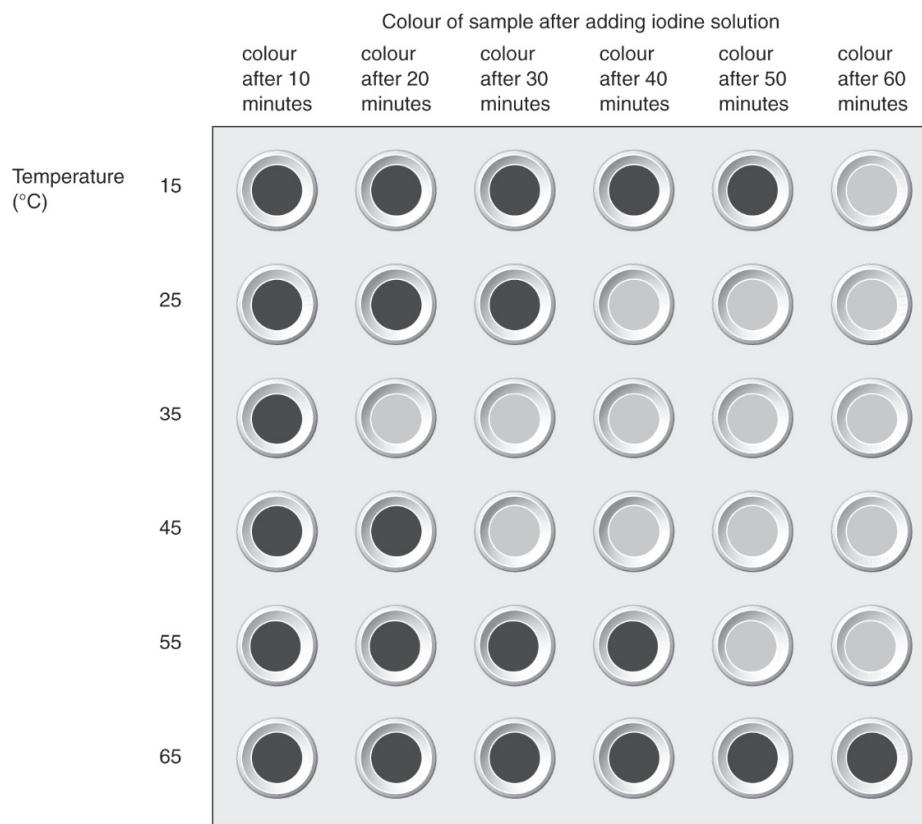
(1)

**(Total for Question 3 = 4 marks)**

4 A student sets up an experiment to test how saliva affects starch.

- He sets up five test tubes. Each tube contains 5cm<sup>3</sup> of starch suspension.
- He adds 1cm<sup>3</sup> of saliva to each test tube.
- He puts the tubes into water baths at different temperatures.
- Every 10 minutes he takes one drop from each tube and mixes it with iodine solution on a well tray.

His results look like this:



(a) What is the substance that the student is trying to show using iodine solution? Tick **one** box.

A sugar

B protein

C starch

D fat

(1)

- (b) After 40 minutes, the sample taken from the tube at 25°C does **not** produce a black colour with iodine solution. What type of substance in saliva causes this to happen? Tick **one** box.

- A enzyme

- B spit

- C chemical

- D bile

(1)

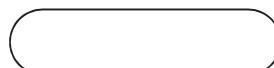
- (c) At what temperature does the saliva work the fastest?

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(1)

(Total for Question 4 = 3 marks)

- 5** There are a lot of bacteria living in the gut. The diagram shows the shape of some bacteria.



- (a) Describe **one** advantage of having bacteria in the gut.

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(1)

- (b) Bacteria eat digested food in the gut. After food has been digested, more food is found inside the bacteria. Describe how this happens.

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(3)

Imagine that the bacterium above changed its outer layer to look like this.



- (c) Explain what effect this change in the outer layer would have on the process you described in part (b).

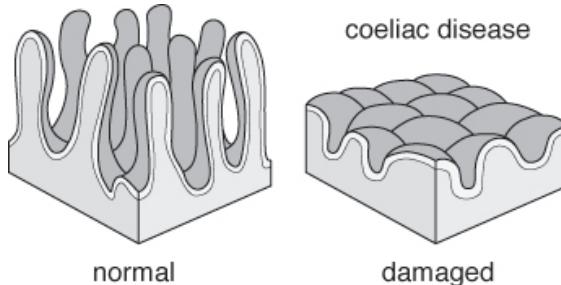
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(2)

**(Total for Question 5 = 6 marks)**

- 6 The drawing shows villi in the small intestine of a healthy person and villi in the small intestine of a person with coeliac ('see-lee-ack') disease.



- (a) In an investigation, 20 healthy volunteers were given a drink containing glycine. Glycine is a soluble substance found in most proteins. After 1 hour, the amount of glycine in their blood had increased by a mean value of 3.81 mg glycine per  $100\text{cm}^3$  of plasma. A man with coeliac disease was also given the drink. After 1 hour, the glycine in his blood had increased by 0.5 mg /  $100\text{cm}^3$  of plasma.

Suggest why the man with coeliac disease was underweight.

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(2)

- (b) Explain why people with coeliac disease may develop conditions such as anaemia even though they eat a healthy diet.

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(2)

**(Total for Question 6 = 4 marks)**